

1 FAEGRE DRINKER BIDDLE & REATH LLP
2 MICHAEL JAEGER (SBN 289364)
3 *michael.jaeger@faegredrinker.com*
4 1800 Century Park East, Suite 1500
5 Los Angeles, CA 90067
6 Telephone: (310) 203-4000
7 Facsimile: (310) 229-1285

8 Jeffrey B. Dubner
9 (*pro hac vice* forthcoming)
10 Jessica Anne Morton
11 (*pro hac vice* forthcoming)
12 Democracy Forward Foundation
13 P.O. Box 34553
14 Washington, DC 20043
15 Telephone: (202) 448-9090
16 *jdubner@democracyforward.org*
17 *jmorton@democracyforward.org*

18 *Counsel for Amici*

19 SUPERIOR COURT OF THE STATE OF CALIFORNIA
20 COUNTY OF SAN DIEGO, NORTH COUNTY DIVISION

21 LET THEM BREATHE, *et al.*,
22 Plaintiffs,
23 v.
24 GAVIN NEWSOM, in his official capacity
25 as Governor of the State of California, *et al.*,
26 Defendants.

Case No. 37-2021-00031385-CU-WM-NC

**MOTION FOR LEAVE OF CALIFORNIA
CHAPTER OF THE AMERICAN
ACADEMY OF PEDIATRICS AND
AMERICAN ACADEMY OF PEDIATRICS
TO FILE AN *AMICUS CURIAE* BRIEF IN
OPPOSITION TO PLAINTIFFS' MOTION
FOR PRELIMINARY INJUNCTION**

Department: N-27
Judge: Hon. Cynthia A. Freeland
Date: November 8, 2021
Time: 1:30 p.m.

1 The American Academy of Pediatrics (“AAP”) and the California Chapter of the American
2 Academy of Pediatrics (“CA AAP”; collectively, “Proposed *Amici*”) hereby apply for permission
3 to file an *amicus* brief in opposition to Plaintiffs’ motion for a preliminary injunction. The
4 proposed brief is attached as Exhibit A.

5 Proposed *Amici* are the leading professional organization of American pediatricians,
6 pediatric medical subspecialists, and pediatric surgical specialists, both nationally and in
7 California. Collectively, they represent more than 67,000 pediatricians and pediatric practitioners,
8 more than 3,000 of whom practice in California. Proposed *Amici* seek to file this brief to provide
9 information regarding the importance and efficacy of maintaining universal mask policies in
10 schools.

11
12 Superior courts possess “traditional broad discretion over the conduct of pending
13 litigation,” which includes “the authority to determine the manner and extent of . . . participation
14 as *amici curiae*.” *In re Marriage Cases* (2008) 43 Cal. 4th 757, 791 n.10. Although the California
15 Rules of Court do not contain specific rules for applications for leave to file as *amici curiae* in
16 superior court, they are typically held to the standards applicable in the courts of appeals,
17 including a statement of “the applicant’s interest” and an explanation of “how the proposed *amicus*
18 *curiae* brief will assist the court in deciding the matter.” Cal. R. Ct. 8.200(c)(2).

19 As the leading membership organization of American pediatricians both nationally and in
20 California, proposed *amici* have a strong interest in protecting the health of their patients and
21 reducing community spread of COVID-19, which has strained medical resources in the State and
22 around the country. As explained in the brief, the AAP has reviewed hundreds of articles related to
23 the efficacy and safety of masks, as well as their effects (or lack thereof) on the cognitive, social,
24 and psychological development of children. The attached brief reflects AAP’s constant work over
25 the past 18 months to understand how to treat and reduce the spread of COVID-19, as well as how
26 to provide safe education that fosters children’s development despite the pandemic. It provides the
27 findings of AAP’s comprehensive review of the medical literature, along with the collective
28 experiences of the vast majority of practicing pediatricians in the United States. This may assist

1 the Court in evaluating the parties’ arguments regarding the putative legal flaws of the challenged
2 policy, the purported harm to Plaintiffs, and the impact of their requested injunction on the public
3 interest.

4 For these reasons, both state and federal courts hearing similar matters have granted
5 motions of the AAP and its state chapters for leave to file as *amici curiae* to provide the courts
6 with information on the AAP’s recommendations and the importance and efficacy of maintaining
7 universal mask policies in schools. *See, e.g., Disability Rights S.C. v. McMaster*, No. 21-02728
8 (4th Cir. Oct. 4, 2021), ECF No. 28; *E.T. v. Abbott*, No. 21-cv-00717 (W.D. Tex. Sept. 30, 2021),
9 ECF No. 59; *Arc of Iowa v. Reynolds*, No. 21-cv-00264 (S.D. Iowa, Sept. 29, 2021), ECF No. 58;
10 *G.S. v. Lee*, No. 21-cv-02552 (W.D. Tenn., Sept. 8, 2021), ECF No. 46; *Verrier v. Gwinnett*
11 *County Sch. Dist.*, No. 21-A-06818-3 (Ga. Sup. Ct., Gwinnett Cnty. Oct. 6, 2021). And several
12 courts have found the information in AAP’s briefs helpful in resolving motions for preliminary
13 relief in such cases. *See R.K. v. Lee*, No. 21-cv-725, 2021 WL 4942871, at *4, 6 (M.D. Tenn. Sept.
14 24, 2021); *Arc of Iowa v. Reynolds*, No. 21-cv-264, 2021 WL 4737902, at *2-3 (S.D. Iowa Sept.
15 13, 2021); *G.S. v. Lee*, No. 21-cv-02552, 2012 WL 4268285, at *7 (W.D. Tenn. Sept. 17, 2021).

16 Additionally, the proposed filing is timely and will not delay consideration of Plaintiffs’
17 motion. Rule 8.200(c)(1) allows briefs to be filed “[w]ithin 14 days after the last appellant’s reply
18 brief is filed or could have been filed . . . whichever is earlier,” or later if the court finds “good
19 cause.” Here, *amici* are filing well before the analogous deadlines. Indeed, *amici* are providing
20 their brief on the same day as Defendants’ opposition, providing Plaintiffs with ample time to
21 address *amici*’s arguments in their reply.

22 No party or counsel for a party authored the proposed amicus brief in whole or in part, nor
23 did any party, counsel for a party, or other person or entity make a monetary contribution intended
24 to fund the preparation or submission of the brief, other than the *amici curiae*, their members, or
25 their counsel. *See* Cal. R. Ct. 8.200(c)(3).

26 Counsel for *amici* contacted counsel for the parties to request their consent to this motion.
27 Defendants consented, while Plaintiffs indicated that they “do not consent to the filing of an
28 amicus brief on behalf of the defendants.”

EXHIBIT A

1 FAEGRE DRINKER BIDDLE & REATH LLP
2 MICHAEL JAEGER (SBN 289364)
3 *michael.jaeger@faegredrinker.com*
4 1800 Century Park East, Suite 1500
5 Los Angeles, CA 90067
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**BRIEF OF AMICI CURIAE CALIFORNIA
CHAPTER OF THE AMERICAN
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IN OPPOSITION TO PLAINTIFFS'
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INTEREST OF AMICI CURIAE¹

The California Chapter of the American Academy of Pediatrics (“CA AAP”) is a non-profit educational organization and professional society comprising more than 3,000 members, including pediatricians, residents, and medical students from California. CA AAP works to support the optimal health of children by addressing their needs and the needs of their families, their communities, and their health care providers.

The American Academy of Pediatrics (“AAP”) was founded in 1930 and is a national, not-for-profit professional organization dedicated to furthering the interests of child and adolescent health. The AAP’s membership includes over 67,000 primary care pediatricians, pediatric medical subspecialists, and pediatric surgical specialists. Over the past year-and-a-half, the AAP has devoted substantial resources to researching the scientific literature regarding how to treat COVID-19 and reduce its spread so that the AAP can provide up-to-date, evidence-based guidance for pediatricians and public health officials. This includes, among other things, interim guidance on the use of face masks as an infection control measure and on operating safe schools during the COVID-19 pandemic.

INTRODUCTION

Over the past 18 months, *Amici* have worked ceaselessly to evaluate the dangers of and potential public health measures for reducing the deadly spread of COVID-19. The AAP has conducted a comprehensive review of the medical literature to determine what public health measures can effectively reduce the risk that COVID-19 poses to America’s children. This comprehensive review and the experiences of the front-line pediatric practitioners who make up the CA AAP and AAP’s membership prove three relevant facts beyond any doubt: COVID-19 poses grave risks to children, risks that have escalated significantly with the rise of the Delta variant; universal mask policies in schools significantly reduce the spread of COVID-19 and

¹ *Amici* certify that no party’s counsel authored this brief in whole or in part, no party or party’s counsel contributed money intended to fund this brief, and no person other than *Amici*, their members, and their counsel contributed money intended to fund this brief.

1 The AAP and the Children’s Hospital Association have collaborated throughout the
2 pandemic to collect and share all publicly-available data from states on COVID-19 cases among
3 children.² As of October 21, 2021, 6,295,648 total child COVID-19 cases have been reported in
4 the United States, representing 16.5% of the total U.S. cases.³ The prevalence of pediatric
5 COVID-19 has skyrocketed since the school year began, with 29.9% of all child cases since the
6 beginning of the pandemic diagnosed in the two months between August 13 and October 21,
7 2021.⁴ This surge appears to be due to two principal factors: the resumption of in-person schooling
8 (and particularly schooling in places without masks), and the emergence of the Delta variant,
9 which is more than twice as contagious as previous variants and far more contagious than even
10 pandemic-level influenza.⁵ And while Plaintiffs are correct that cases, hospitalizations, and deaths
11 have declined from their recent peak, *see* Pls.’ Mem. at 10 n.2, this omits crucial context: the surge
12 that California and the nation just experienced was the worst at any time during the pandemic
13 except for the holiday-season crisis in 2020, *see* Andelin Decl. ¶ 6 (Sept. 29, 2021), Doc. No. 40—
14 and we are about to enter the holiday season.

15 As the rate of COVID-19 has soared, so has the number of serious cases: just among the 24
16 states and 1 city that report child hospitalizations, more than 6,200 children were hospitalized due
17 to COVID-19 between August 13 and October 21 of this year, over a quarter of the total child
18
19

20 ² *See Children and COVID-19: State-Level Data Report*, AAP, <https://bit.ly/3DZIRhq> (data
21 available as of Oct. 21, 2021). Counsel for *amici* have preserved all Internet sources cited in this
22 brief in PDF form, and would be happy to provide any or all of them if it would aid the Court’s
23 consideration.

24 ³ *Id.*

25 ⁴ *Children and COVID-19: State Data Report* at Appx. Tab. 2A, Children’s Hosp. Ass’n & Am.
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27 ⁵ *See Delta Variant: What We Know About the Science*, CDC (Aug. 26, 2021),
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Reproduction Number for Seasonal, Pandemic, and Zoonotic Influenza: A Systematic Review of
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1 hospitalizations to date.⁶ Since the beginning of August, more children have died each week than
2 in all but one previous week of the pandemic.⁷ California has reported at least 680,267 COVID-19
3 cases among children, the most in the nation, and at least 37 children have died from COVID-19
4 in the state.⁸

5 As the hospitalization rate reflects, COVID-19 can cause severe symptoms and potentially
6 fatal outcomes even in children. Among other things, COVID-19 infections can produce
7 multisystem inflammatory syndrome in children (MIS-C).⁹ MIS-C involves clinically severe
8 levels of fever, inflammation, and dysfunction or shock in multiple organ systems (including
9 cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic, and/or neurological).¹⁰
10 Among other severe symptoms, it can cause coronary artery enlargement; aneurysm; meningitis;
11 colitis; hepatitis; symptoms akin to toxic shock syndrome; thrombosis; acute kidney injury; stroke;
12 encephalitis; congestive heart failure; and pulmonary embolism.¹¹

13 COVID-19 infection can also lead to many secondary conditions, ranging from subacute to
14 mild to severe. Several studies have shown that long-term symptoms can occur in children and
15 adolescents, even in cases with mild initial symptomatology.¹² These include persistent respiratory

16 ⁶ See *Children and COVID-19: State Data Report*, *supra* n. 4, at Appx. Tab. 2B.

17 ⁷ *Id.* at Appx. Tab. 2C. The week ending December 3, 2020 is the only previous week in which as
18 many child deaths were reported as even the *lowest* week since the beginning of August. *Id.*
19 Notably, this was the week after Thanksgiving. This drives home the importance of maintaining
20 California’s policy, to reduce the rate of COVID-19 in advance of the surge that will likely
21 accompany the upcoming holidays.

22 ⁸ *Id.* at Appx. Tabs. 3A, 6A.

23 ⁹ See *Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Coronavirus*
24 *Disease 19 (COVID-19)*, CDC (May 14, 2020), <https://bit.ly/3vylqsn>; *Multisystem Inflammatory*
25 *Syndrome in Children (MIS-C) Interim Guidance*, AAP (last updated Feb. 20, 2021),
26 <https://bit.ly/3IVJUZA>.

27 ¹⁰ *Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Coronavirus Disease*
28 *19*, *supra* n.9.

¹¹ *Multisystem Inflammatory Syndrome in Children (MIS-C) Interim Guidance*, *supra* n. 9.

¹² See, e.g., Danilo Buonsenso, et al., *Preliminary evidence on long COVID in children*, *Acta*
Paediatrica (2021), <https://bit.ly/3jgz5PN> (studying 129 children in Italy and reporting that 42.6%
experienced at least one symptom more than 60 days after infection); Helen Thomson, *Children*
with long covid, 249 *New Scientist* 10 (2021), <https://bit.ly/3G3oBxc> (U.K. Office of National

1 symptoms ranging from chest pain, cough, and exercise-induced dyspnea to pulmonary emboli;
2 myocarditis (i.e., inflammation of the heart muscle), shortness of breath, arrhythmia, and/or
3 fatigue, and potentially leading to heart failure, myocardial infarction, stroke, or sudden cardiac
4 arrest; persistent loss of the sense of smell (anosmia) or taste (ageusia), which can affect the
5 nutritional status and quality of life of children and adolescents and be particularly disruptive to
6 the feeding behavior of very young children; neurodevelopmental sequelae, both including the
7 consequences of significant acute injuries such as stroke or encephalitis and subtle but persistent
8 sequelae in cognitive, language, academic, motor, mood, and behavioral domains; cognitive
9 fogginess or fatigue; physical fatigue; and mental or behavioral health impacts such as stress and
10 adjustment disorders.¹³

11 Moreover, the uncontrolled spread of COVID-19 poses a massive risk to children and
12 adults who have other medical needs. During the current surge, hospital ICU capacity has been
13 strained beyond capacity in much of the country, as it was earlier in the pandemic. Even as the
14 current surge has declined, several counties in California remain near or above 90% ICU
15 capacity.¹⁴ The strain on medical resources will result in excess morbidity and mortality even for
16 children and adults who do not contract COVID-19, because “[p]andemic COVID-19 surges [a]re
17 associated with higher rates of in-hospital mortality among patients without COVID-19,
18 suggesting disruptions in care patterns for patients with many common acute and chronic
19 illnesses.”¹⁵ In layperson’s terms, more children and adults will become sick and possibly die,
20 both due to COVID-19 and due to the delay of treatment for other urgent conditions.

21

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23 _____
Statistics estimates that 12.9% of children 2-11 years of age and 14.5% of children 12-16 years of
age experienced symptoms 5 weeks after infection).

24 ¹³ See, e.g., Trisha Koriath, *AAP Urges Post-COVID-19 Follow-Up to Monitor for Residual*
25 *Symptoms*, AAP News (Aug. 2, 2021), <https://bit.ly/3BbvNU7>.

26 ¹⁴ See *California COVID-19 Hospital Capacity*, The Californian (last visited Oct. 21, 2021)
<https://bit.ly/3puBAC7>.

27 ¹⁵ See, e.g., Amber K. Sabbatini, et al., *Excess Mortality Among Patients Hospitalized During the*
28 *COVID-19 Pandemic*, J. Hosp. Med. (2021), <https://bit.ly/2Z7Vibz>.

1 Thus, in asserting that “[t]he risk to children from COVID-19 is remarkably low,” Pls.’
2 Mem. at 6, Plaintiffs incorrectly discount the potential for severe harm even in non-fatal pediatric
3 cases of COVID-19, as well as the potentially catastrophic consequences to community health
4 caused by the uncontrolled spread of COVID-19. It is also important to note that many children
5 with preexisting health conditions are particularly at risk of severe illness if they contract COVID-
6 19, including children with genetic, neurologic, or metabolic conditions; congenital heart disease;
7 diabetes, asthma, or chronic lung disease; obesity; sickle cell disease; or immunosuppression.¹⁶
8 Because these children are entitled to a safe, in-person education that minimizes the risk of
9 contracting potentially fatal illnesses, it is all the more important to employ measures such as
10 universal masking that, as discussed below, decrease exposure without significant negative
11 consequences.

12 **II. Universal Mask Policies in Schools Protect Against the Spread of COVID-19 and**
13 **Are Necessary to Allow Vulnerable Children to Safely Attend School In-Person**

14 One of the AAP’s chief functions is to provide evidence-based guidance to America’s
15 pediatric professionals and public health officials. To do so, the AAP issues Policy Statements that
16 report the most up-to-date, evidence-based expert consensus on key issues of pediatric practice
17 and public health. These Policy Statements are written by recognized pediatrician experts who
18 undertake a comprehensive review of the medical literature and available data on the topic at hand.
19 They are then peer-reviewed by additional experts across the AAP and approved by the AAP’s
20 executive staff and board of directors.

21 Since the spring of 2020, the AAP’s top focus has been supporting practicing pediatricians
22 and public health policymakers in treating COVID-19 and reducing its spread, particularly among
23 children. The AAP has issued Interim Guidance Statements on several topics related to COVID-
24 19, including guidance on when and how pediatricians should test patients for COVID-19;¹⁷ on
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26 ¹⁶ *People with Certain Medical Conditions*, CDC, (last updated Aug. 20, 2021),
27 <https://bit.ly/3E41b97>.

28 ¹⁷ *COVID-19 Testing Guidance*, AAP (last updated July 8, 2021), <https://bit.ly/2Z6tKmY>.

1 providing clinical care to patients with COVID-19;¹⁸ on treating post-COVID conditions;¹⁹ on
2 how to safely provide routine medical care such as check-ups, screenings, laboratory exams,
3 treatment, and immunizations during the COVID-19 pandemic;²⁰ on caring for youth with special
4 health needs during the COVID-19 pandemic;²¹ on supporting the emotional and behavioral health
5 needs of children, adolescents, and families during the COVID-19 pandemic;²² and—most
6 relevant to this case—on the use of face masks as an infection control measure²³ and on operating
7 safe schools during the COVID-19 pandemic that foster the overall health of children, adolescents,
8 educators, staff, and communities.²⁴ These Interim Guidances were drafted and reviewed by a
9 number of pediatricians with expertise in a wide variety of disciplines, and have been continually
10 reviewed and updated since spring of 2020. By this point, the AAP’s experts have reviewed
11 hundreds of articles related to the efficacy and safety of masks, as well as their effects (or lack
12 thereof) on the cognitive, social, and psychological development of children.

13 As pediatrician organizations, the AAP and CA AAP recognize that not being able to
14 attend school in person can negatively affect children’s cognitive, educational, and social
15 development, as well as children’s short- and long-term mood, behavior, and mental health. Based
16 on the AAP’s expert review of the scientific literature and the guidance outlined by the World
17 Health Organization, United Nations Children’s Fund, and Centers for Disease Control and
18 Prevention (“CDC”), along with AAP’s members’ collective expertise as pediatricians and

19 ¹⁸ *COVID-19 Interim Guidance*, AAP (last updated Aug. 2, 2021), <https://bit.ly/3vvS3qw>.

20 ¹⁹ *Post-COVID-19 Conditions in Children and Adolescents*, AAP (last updated July 28, 2021),
21 <https://bit.ly/3G4rKgd>.

22 ²⁰ *Guidance on Providing Pediatric Well-Care During COVID-19*, AAP (last updated Aug. 30,
2021), <https://bit.ly/3G7Flha>.

23 ²¹ *Caring for Children and Youth with Special Health Needs During the COVID-19 Pandemic*,
AAP (last updated June 28, 2021), <https://bit.ly/3C44iNF>.

24 ²² *Interim Guidance on Supporting the Emotional and Behavioral Health Needs of Children,*
25 *Adolescents, and Families During the COVID-19 Pandemic*, AAP (last updated July 28, 2021),
<https://bit.ly/3aW5c2M>.

26 ²³ *Face Masks*, AAP (last updated Aug. 8, 2021), <https://bit.ly/2ZbpCm0>.

27 ²⁴ *COVID-19 Guidance for Safe Schools*, AAP (last updated July 18, 2021),
28 <https://bit.ly/3aXbNdw>.

1 researchers, the AAP concluded that “[e]verything possible must be done to keep students in
2 schools in-person.”²⁵ As this Court has previously observed, prolonged loss of access to in-person
3 education can harm academic success and contribute to “alarming rates of depression, suicidal
4 ideation, anxiety, and substance abuse among children.” Minute Order, *A.A. v. Newsom*, No. 37-
5 2021-00007536-CU-WM-NC (Mar. 15, 2021). “[A]t this point in the pandemic, given what we
6 know now about low rates of in-school transmission *when proper prevention measures are used*,
7 together with the availability of effective vaccines for those age 12 years and up, that the benefits
8 of in-person school outweigh the risks in almost all circumstances.”²⁶ Among the recommended
9 prevention measures (which also include immunization of all eligible individuals and adequate and
10 timely COVID-19 testing), one of the most important is that “[a]ll students older than 2 years
11 and all school staff should wear face masks at school (unless medical or developmental
12 conditions prohibit use).”²⁷

13 This conclusion has been consistently reinforced by all relevant data and credible research,
14 leading the AAP to reaffirm its recommendation of universal masking in school settings on July
15 19, 2021 and the CDC to recommend “universal indoor masking for all teachers, staff, students,
16 and visitors to schools, regardless of vaccination status” on July 27, 2021.²⁸

17 While there are several reasons for the AAP’s (and the CDC’s) recommendation of
18 universal masking in schools,²⁹ the most important is that the research literature has confirmed that
19 masks are both effective and safe. Masks “reduce the emission of virus-laden droplets . . . , which
20 is especially relevant for asymptomatic or presymptomatic infected wearers who feel well and
21 may be unaware of their infectiousness to others, and who are estimated to account for more than
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24 ²⁵ *Id.*

25 ²⁶ *Id.*

26 ²⁷ *Id.* (emphasis in original).

27 ²⁸ *Interim Public Health Recommendations for Fully Vaccinated People—Summary of Recent
Changes*, CDC (July 28, 2021), <https://bit.ly/3mmCmy6>.

28 ²⁹ See *COVID-19 Guidance for Safe Schools*, *supra* n. 24.

1 50% of transmissions.”³⁰ Cloth masks “block most large droplets (i.e., 20-30 microns and larger)”
2 and “also block the exhalation of fine droplets (also often referred to as aerosols).”³¹ “Multi-layer
3 cloth masks can both block up to 50-70% of these fine droplets and particles,” with “[u]pwards of
4 80% blockage” recorded in some studies.³² To a slightly lesser extent, masks also “help reduce
5 inhalation of these droplets by the wearer”; multi-layer cloth masks can filter out “nearly 50% of
6 fine particles less than 1 micron.”³³

7 Despite these well-established scientific facts, Plaintiffs claim that masks “are not capable
8 of blocking aerosols.” Pls.’ Mem. at 12. This misunderstanding comes from looking at only one
9 side of the equation: the ability of a mask to *protect* an *uninfected* wearer from viral particles,
10 rather than the ability of a mask to inhibit the spread of viral particles *by* an *infected* wearer. The
11 latter, known as “source control,” is where masks’ primary benefit in limiting the spread of
12 airborne infectious diseases such as COVID-19 is found. As the CDC has explained, “masks are
13 not designed to reduce the particles that the wearer will inhale The purpose of wearing a
14 mask is to help reduce the spread of COVID-19 by reducing the spread of the virus through
15 respiratory droplets from asymptomatic individuals.”³⁴ Plaintiffs and their expert witness on
16 industrial hygiene discuss only masks’ ability to protect the wearer. *See* Petty Decl. ¶¶ 24-31
17 (discussing the ability of masks to “protect individuals *from exposure to* very small airborne
18 aerosols” (emphasis added)). Plaintiffs are correct, to an extent: wearing a mask can provide only
19 limited protection against contracting COVID-19 if the wearer is in the proximity of one or more
20 unmasked carriers. This is why *universal* masking policies, like California’s, are so important:
21 they act as source control for COVID-19 carriers (who may be asymptomatic and not know they
22

23 ³⁰ *Science Brief: Community Use of Cloth Masks to Control the Spread of SARS-CoV-2*, CDC
24 (May 7, 2021), <https://bit.ly/3utvxOA> (citations omitted).

25 ³¹ *Id.*

26 ³² *Id.*

27 ³³ *Id.*

28 ³⁴ *Respiratory Protection vs. Source Control—What’s the Difference?*, CDC (Sept. 8, 2020),
<https://bit.ly/3pn0y6s>.

1 are shedding viral particles), thereby protecting vulnerable individuals. And this, in turn, protects
2 children who otherwise would be incapable of attending school in-person—because it poses a
3 substantial medical risk, not because they prefer not to comply with COVID-19 prevention
4 measures—from the inferiority of remote learning.

5 Numerous studies have shown that increasing the rate of mask-wearing, including through
6 universal mask policies in particular, significantly reduces the spread of COVID-19.³⁵ In
7 particular, studies have shown that masking and similar mitigation measures can limit
8 transmission in schools.³⁶ Most recently, the CDC released three studies conducted during this
9

10 ³⁵ See, e.g., Jeremy Howard, et al., *An Evidence Review of Face Masks Against COVID-19*, 118
11 Proc. of the Nat'l Acad. of Servs. e2014564118 (2021), <https://bit.ly/3E1VjwT>; John T. Brooks &
12 Jay C. Butler, *Effectiveness of Mask Wearing to Control Community Spread of SARS-CoV-2*, 325
13 J. of Am. Med. Ass'n 998 (2021), <https://bit.ly/3piiOh9>; Jason Abaluck, et al., *The Impact of*
14 *Community Masking on COVID-19: A Cluster-Randomized Trial in Bangladesh* (Aug. 23, 2021)
15 (preprint), <https://bit.ly/3jsUOnL>; Heesoo Joo, et al., *Decline in COVID-19 Hospitalization*
16 *Growth Rates Associated with Statewide Mask Mandates—10 States, March–October 2020*. 70
17 Morbidity & Mortality Weekly Rep. 212 (2021), <https://bit.ly/3aUVr4V>; Derek K. Chu, et al.,
18 *Physical Distancing, Face Masks, and Eye Protection to Prevent Person-to-Person Transmission*
19 *of SARS-CoV-2 and COVID-19: A Systematic Review and Meta-Analysis*, 395 Lancet 1973
20 (2020), <https://bit.ly/3G7MzqX>; Christopher T. Leffler, et al., *Association of Country-wide*
21 *Coronavirus Mortality with Demographics, Testing, Lockdowns, and Public Wearing of Masks*,
22 103 Am. J. Tropical Med. Hygiene 2400 (2020), <https://bit.ly/3vwGzDb>; Miriam E. Van Dyke, et
23 al., *Trends in County-Level COVID-19 Incidence in Counties With and Without a Mask*
24 *Mandate—Kansas, June 1-August 23, 2020*. 69 Morbidity & Mortality Weekly Rep. 1777 (2020),
25 <https://bit.ly/3FYJaLf>; Wei Lyu & George L. Wehby, *Community Use of Face Masks and*
26 *COVID-19: Evidence from a Natural Experiment of State Mandates in the US*, 39 Health Aff.
27 1419 (2020), <https://bit.ly/3pl4DrN>.

28 ³⁶ See, e.g., Patrick Dawson, et al., *Pilot Investigation of SARS-CoV-2 Secondary Transmission in*
29 *Kindergarten Through Grade 12 Schools Implementing Mitigation Strategies—St. Louis County*
30 *and City of Springfield, Missouri, December 2020*, 70 Morbidity & Mortality Weekly Rep. 449
31 (2021), <https://bit.ly/3psSzoE>; Darria L. Gillespie, et al., *The Experience of 2 Independent Schools*
32 *With In-Person Learning During the COVID-19 Pandemic*, 91 J. Sch. Health 347 (2021),
33 <https://bit.ly/3C2StqZ>; Rebecca B. Hershov, et al., *Low SARS-CoV-2 Transmission in Elementary*
34 *Schools - Salt Lake County, Utah, December 3, 2020-January 31, 2021*, 70 Morbidity & Mortality
35 Weekly Rep. 442 (2021), <https://bit.ly/3vw91oX>; Amy Falk, et al., *COVID-19 Cases and*
36 *Transmission in 17 K-12 Schools - Wood County, Wisconsin, August 31-November 29, 2020*, 70
37 Morbidity & Mortality Weekly Rep. 136 (2021), <https://bit.ly/3G7Iy5O>; Fiona Russell et al.,
38 *COVID-19 in Victorian Schools: An Analysis of Child-Care and School Outbreak Data and*
39 *Evidence-Based Recommendations for Opening Schools and Keeping Them Open*, Murdoch
40 Children's Rsch. Inst. & The Univ. of Melb. (Nov. 9, 2020), available at <https://bit.ly/3lWEmhb>;
41 see generally Science Brief: *Transmission of SARS-CoV-2 in K-12 Schools and Early Care and*

1 school year, all of which found that “schools without a universal masking policy in place were
2 more likely to have COVID-19 outbreaks.”³⁷ The CDC found that pediatric COVID-19 cases
3 increase nearly twice as quickly in schools lacking universal mask policies.³⁸ For example, one
4 study that compared schools in two Arizona counties that required masks with counties that did
5 not find that of the 191 COVID-19 school-associated outbreaks, schools without universal mask
6 policies experienced 3.5 times as many outbreaks as schools that have such policies.³⁹ As the ABC
7 Science Collaborative, a 13-state initiative coordinated by the Duke Clinical Research Institute at
8 the Duke University School of Medicine, summed it up, “[p]roper masking is the most effective
9 mitigation strategy to prevent COVID-19 transmission in schools when vaccination is unavailable
10 or there are insufficient levels of vaccination among students and staff.”⁴⁰

11 Plaintiffs are thus wrong to claim that “[s]tudies of the effectiveness of different
12 interventions have found no causal connection between mask requirements and reduced virus
13 transmission in schools.” Pls.’ Mem. at 6. Even the lone study that they cite in their brief, *see id.*,
14 found a “21% lower incidence in schools that require mask use among students,”⁴¹ in line with the
15 findings cited above. While this finding did not rise to the level of statistical significance (possibly

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17 *Education Programs—Updated*, CDC (July 9, 2021), <https://bit.ly/3vsdF7e>.

18 ³⁷ Press Release, *Studies Show More COVID-19 Cases in Areas Without School Masking Policies*,
19 CDC (Sept. 24, 2021), <https://bit.ly/3kYtuyU>; see Megan Jehn, et al., *Association Between K–12*
20 *School Mask Policies and School-Associated COVID-19 Outbreaks—Maricopa and Pima*
21 *Counties, Arizona, July–August 2021*, 70 *Morbidity & Mortality Weekly Rep.* (2021),
22 <https://bit.ly/3uwVdKh>; Samantha E. Budzyn, et al., *Pediatric COVID-19 Cases in Counties With*
23 *and Without School Mask Requirements—United States, July 1–September 4, 2021*, 70 *Morbidity*
24 *& Mortality Weekly Rep.* (2021), <https://bit.ly/3uIQ8il>; Sharyn E. Parks, et al., *COVID-19–*
25 *Related School Closures and Learning Modality Changes—United States, August 1–September*
26 *17, 2021*, 70 *Morbidity & Mortality Weekly Rep.* (2021), <https://bit.ly/3ipDVtD>.

27 ³⁸ *Studies Show More COVID-19 Cases*, *supra* n. 37.

28 ³⁹ Jehn, *supra* n. 37.

⁴⁰ ABC Science Collaborative, *The ABCs of North Carolina’s Plan*, <https://bit.ly/3jk6NnK> (last
visited Oct. 20, 2021); see also ABC Science Collaborative, *Final Report for NC School Districts*
and *Charters in Plan A*, at 3 (June 30, 2021), <https://bit.ly/3DVmfyz>.

⁴¹ Jenna Gettings, et al., *Mask Use and Ventilation Improvements to Reduce COVID-19 Incidence*
in *Elementary Schools—Georgia, November 16–December 11, 2020*, 70 *Morbidity & Mortality*
Weekly Rep. 779, <https://bit.ly/3C6duBg>.

1 due to “differences in mask-wearing behavior among students in schools with optional
2 requirements”), it presents no reason to doubt the consistent findings of similar studies. Indeed,
3 even Plaintiffs’ own expert published a study concluding that “[w]ith masking requirements and
4 student cohorting, transmission risk within schools appeared low.”⁴²

5 Plaintiffs also claim that “[t]he risk of asymptomatic transmission by children is extremely
6 low.” Pls.’ Mem. at 11. Unfortunately, this too is incorrect. While children are less likely to
7 transmit the virus than adults, “[c]hildren and adolescents . . . can spread the virus to others.”⁴³
8 One of Plaintiffs’ experts claims that “[a]ccording to the American Academy of Pediatrics and the
9 CDC, the rate of transmission in schools from someone who is positive is estimated to be
10 approximately 0.5% - 0.7%.” Høeg Decl. (Sept. 29, 2021) ¶ 28, Doc. No. 53. The source for this
11 supposed estimate is unclear, but the latter number appears to be a reference to a study finding a
12 secondary attack rate of 0.7% “when critical prevention strategies including mask use are
13 implemented,” not when such strategies are abandoned.⁴⁴ Another of Plaintiff’s experts asserts the
14 same 0.7% figure transmission rate, *see* Noble Decl. (Sept. 29, 2021), ¶ 11, Doc. No. 36, but the
15 study this expert cites makes no such estimate and says nothing about indoor transmission or mask
16 use.⁴⁵ Moreover, children’s ability to transmit COVID-19 has likely increased due to the

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19 ⁴² Falk, *supra* n. 36 (emphasis added).

20 ⁴³ *Science Brief: Transmission of SARS-CoV-2 in K-12 Schools*, *supra* n. 36; *see also, e.g.*, Young
21 Joon Park, et al., *Contact Tracing During Coronavirus Disease Outbreak, South Korea, 2020*, 26
22 *Emerging Infectious Diseases* 2465 (2020), <https://bit.ly/3vA0tNQ> (“Children who attend day care
or school also are at high risk for transmitting respiratory viruses to household members.”);
23 Victoria T. Chu, et al., *Household Transmission of SARS-CoV-2 from Children and Adolescents*,
385 *New Eng. J. Med.* 954 (2021), <https://bit.ly/3B6V8Pb> (finding “efficient transmission of
24 SARS-CoV-2 from school-age children and adolescents to household members”); Yanshan Zhu,
et al., *A Meta-analysis on the Role of Children in Severe Acute Respiratory Syndrome
25 Coronavirus 2 in Household Transmission Clusters*, 72 *Clinical Infectious Diseases* e1146 (2021),
<https://bit.ly/30FSLWY> (finding pediatric index cases in 3.8% of household transmission clusters).

26 ⁴⁴ Hershov, et al., *supra* n.36 (emphasis added).

27 ⁴⁵ Andrew M. Watson, et al., *COVID-19 in US Youth Soccer Athletes During Summer 2020*, 56 *J.*
28 *Athletic Training* 542 (2021), <https://bit.ly/3m4Q2i6>.

1 significantly higher viral load associated with the Delta variant.⁴⁶ And asymptomatic transmission
2 is at least as common as symptomatic transmission, if not more common.⁴⁷

3 **III. Masks Do Not Harm Children**

4 Finally, Plaintiffs assert that masks “caus[e] a variety of harms.” Pls.’ Mem. at 7. They
5 primarily focus on possible psychological and developmental harms, such as causing anxiety or
6 impeding language acquisition, as well as supposed physiological harms and even lowered
7 immunity to other viruses. *Id.* at 7-8. These fears are understandable, but there is no evidence that
8 masks actually cause any such harms. There is thus no substantial harm to outweigh the clear
9 public interest in requiring masks as an effective layered strategy of COVID-19 prevention.

10 ***Psychological Harm:*** First, based on the AAP’s comprehensive review of the medical
11 research, there is no evidence that masking is particularly linked to emotional or psychological
12 harm. While children can develop secondary anxieties about wearing a mask, this is no different
13 from the possibility of developing secondary anxieties about eating, attending school, or any other
14 activity. The risk of developing secondary anxiety or disordered behavior related to masking may
15 be especially high when parents or community members drill into their children a fear of masks or
16 a belief that masks are harmful. But without that negative reinforcement, there is nothing intrinsic
17 about mask-wearing that makes it particularly harmful, whether physically, socially, or
18 emotionally. To the contrary, when caregivers promote positive associations around mask-
19 wearing, masking can give children a sense of empowerment and control over their own health in
20 a time when stresses and fears about their health are abnormally high.⁴⁸

21 _____
22 ⁴⁶ See Chun Huai Luo, et al., *Infection with the SARS-CoV-2 Delta Variant Is Associated with*
23 *Higher Infectious Virus Loads Compared to the Alpha Variant in Both Unvaccinated and*
Vaccinated Individuals, MedRxiv (Aug. 20, 2021) (preprint), <https://bit.ly/3Gb6x43>.

24 ⁴⁷ Michael A. Johansson, et al., *SARS-CoV-2 Transmission from People Without COVID-19*
25 *Symptoms*, 4 J. Am. Med. Ass’n e2035057 (2021), <https://bit.ly/3C62L90> (“[A]t least 50% of new
26 SARS-CoV-2 infections was estimated to have originated from exposure to individuals with
27 infection but without symptoms.”)

28 ⁴⁸ *Interim Guidance on Supporting the Emotional and Behavioral Health Needs of Children,*
Adolescents, and Families During the COVID-19 Pandemic, supra n. 22; *Face Masks*, supra n. 23
(providing recommendations for “help[ing] my child get used to wearing a mask”); *Supporting*
your child’s mental health during COVID-19 school returns, UNICEF (Aug. 28, 2020),

1 ***Developmental Harm:*** There is currently “no evidence that use of face masks prevents or
2 delays speech or language development.”⁴⁹ Not being able to see part of a person’s face is not a
3 significant impediment to social and speech development—as the experience of children who are
4 blind from birth confirms. “[V]isually impaired children develop speech and language skills at the
5 same rate as their peers.”⁵⁰ Indeed, being unable to see speakers’ mouths for a portion of the day
6 may help children use other clues to understand and learn language and non-verbal
7 communication, such as gestures, changes in tone of voice, and the like.⁵¹

8 Crucially, the AAP does not recommend (and Defendants do not require) that children
9 wear masks 24 hours a day, or that their parents do so. In the home, children’s experiences will
10 presumably be largely or entirely maskless, providing ample opportunity for interacting with
11 people without masks. Plaintiffs provide neither evidence nor theory for suggesting otherwise.

12 To be sure, some children with preexisting developmental disabilities may have difficulty
13 wearing masks. But this can typically be overcome with coaching, and there is an extensive
14 literature on helping children get accustomed to wearing masks.⁵² And where children truly have
15 “medical or developmental conditions [that] prohibit use,” AAP’s guidance recommends

16 <https://uni.cf/3mcx1un> (“Approach this conversation with empathy, saying that you know she is
17 feeling anxious about coronavirus, but that it’s healthy to talk about our worries and emotions.
18 Children may also get upset or frustrated if they are finding it hard to wear masks, especially when
19 running or playing. You can reassure your children that lots of adults are working hard to help
20 keep your family safe, but emphasize that it’s important we all follow the recommended measures
21 to take care of more vulnerable members of our community.”).

20 ⁴⁹ *Do Masks Delay Speech and Language Development?*, AAP, <https://bit.ly/3GgcDQI>.

21 ⁵⁰ *Id.*

22 ⁵¹ *Id.*; see also Ashley L. Ruba & Seth D. Pollak, *Children’s emotion inferences from masked
23 faces: Implications for social interactions during COVID-19*, PLoS One (2020),
24 <https://bit.ly/3GbWBrg> (finding that “while there may be some challenges for children incurred by
25 others wearing masks, in combination with other contextual cues, masks are unlikely to
26 dramatically impair children’s social interactions in their everyday lives”).

25 ⁵² See, e.g., Maithri Sivaraman, et al., *Telehealth mask wearing training for children with autism
26 during the COVID-19 pandemic*, 54 J. Applied Behav. Analysis 70 (2021),
27 <https://bit.ly/3m3RqS2>; Madelynn A. Lillie, et al., *Increasing passive compliance to wearing a
28 facemask in children with autism spectrum disorder*, 54 J. Applied Behavioral Analysis 582
(2021), <https://bit.ly/3b1eA58>; Mary Halbur, et al., *Tolerance of face coverings for children with
autism spectrum disorder*, 54 J. Applied Behavioral Analysis 600 (2021), <https://bit.ly/3itGn30>.

1 accommodations to masking policies.⁵³ California’s policy provides exactly that, exempting
2 “[p]ersons with a medical condition, mental health condition, or disability that prevents wearing a
3 mask” from its masking requirements, along with “Persons who are hearing impaired, or
4 communicating with a person who is hearing impaired, where the ability to see the mouth is
5 essential for communication.”⁵⁴

6 ***Physiological Harm:*** Finally, there is no evidence that masks cause any meaningful
7 physical or physiological harm. Although Plaintiffs do not explain how they believe masks cause
8 physical harms, *see* Pls.’ Mem. at 7, their industrial hygiene expert appears to tie it to respiratory
9 function. *See* Petty Decl. ¶¶ 40-44. (Notably, none of Plaintiffs’ medical experts offer a similar
10 opinion.) Extensive literature shows that masking has no significant effect on respiratory function
11 in the vast majority of cases. Cloth and surgical masks are gas-permeable, which means that
12 carbon dioxide can flow out of the mask and oxygen flow in, without obstruction. Masks do not
13 present a risk of hypercapnia (excess CO₂) or hypoxemia (inadequate oxygen saturation in the
14 blood), even among people with lung disease, as proven by studies using pulse oximetry to test
15 changes in end-tidal CO₂ and oxygen saturation.⁵⁵ Even among infants and young children, the use
16 of facial masks is not associated with significant changes in respiratory function.⁵⁶

17 Plaintiffs’ claim is also belied by the decades-long history of mask usage in surgical
18 settings, for immunocompromised individuals (including children) such as chemotherapy patients,
19 and in countries where masks have long been used to prevent spread of illness. For example,
20 surgeons and other medical professionals may wear surgical masks for 6 to 8 hours at a time while

21 ⁵³ Face Masks, *supra* n. 23.

22 ⁵⁴ Guidance for the Use of Face Coverings, CDPH (July 28, 2021), <https://bit.ly/3Gdbd9O>.

23 ⁵⁵ *See, e.g.,* Rajesh Samannan, et al., *Effect of Face Masks on Gas Exchange in Healthy Persons*
24 *and Patients with Chronic Obstructive Pulmonary Disease*, 18 *Annals of Am. Thoracic Soc’y* 539
25 (2021), <https://bit.ly/3m29s7k>; Steven L. Shein, et al., *The effects of wearing facemasks on*
26 *oxygenation and ventilation at rest and during physical activity*, *PLoS One* (Feb. 24, 2021),
<https://bit.ly/3jsZ46G> (“The risk of pathologic gas exchange impairment with cloth masks and
surgical masks is near-zero in the general adult population.”).

27 ⁵⁶ *See, e.g.,* Ricardo Lubrano, et al., *Assessment of Respiratory Function in Infants and Young*
28 *Children Wearing Face Masks During the COVID-19 Pandemic*, *J. Am. Med. Ass’n Network*
Open (Mar. 2, 2021), <https://bit.ly/30TOtLV>.

1 performing involved surgery. If masks posed a risk of hypercapnia, hypoxemia, or any other harm,
2 it would have been discovered long ago due to surgeons and attendants fainting or hospitals in
3 other countries receiving adult or pediatric patients who were harmed by mask wearing. The
4 complete lack of such reports is strong evidence, if more were needed, that Plaintiffs’ concern is
5 entirely unfounded.

6 The paper on which Plaintiffs’ expert relies confirms this. Mr. Petty cites a meta-analysis
7 explicitly designed to collect every single paper that purported to report “negative effects of
8 masks.”⁵⁷ See Petty Decl. ¶ 40. While the meta-analysis found a handful of studies suggesting that
9 N95 or surgical masks could impair oxygen saturation, it found just *one* study claiming that cloth
10 masks did so: an unpublished, non-peer-reviewed paper based solely on a study of 12 college
11 students.⁵⁸ This single, unconfirmed report should provide no reason to doubt either the medical
12 literature or commonsense experience the world over.

13 This is not to discount the subjective experiences of individual parents and children. The
14 “nocebo” effect—when negative expectations produce a subjective experience of negative side
15 effects—can lead to reports of “increase[d] heart rates and respiratory rates,” “headaches, fatigue,
16 and shortness of breath,” as some of Plaintiffs’ declarations describe. Pls.’ Mem. at 7.⁵⁹ But as
17 discussed above, this is generally a function of unhealthy cognitions surrounding masks, rather
18 than actual physical harms of masks themselves. Certainly there is no evidence in the medical
19 literature of masks causing clinically significant physical harm in children above the age of two
20 without preexisting respiratory difficulties.

21 Similarly, there is no evidence in the medical literature that masks can “result in permanent
22 deformations to a child’s teeth and palate.” Pls.’ Mem. at 8. While significant nasal obstruction

23 ⁵⁷ Kai Kisielinski, et al., *Is a Mask That Covers the Mouth and Nose Free from Undesirable Side*
24 *Effects in Everyday Use and Free of Potential Hazards?*, 18 Int’l J. Env’tl Rsch. Pub. Health 4344
(2021), <https://bit.ly/3GdAz7p>.

25 ⁵⁸ See *id.* (citing Cong Liu, et al., *Effects of Wearing Masks on Human Health and Comfort During*
26 *the COVID-19 Pandemic*, IOP Conference Series: Earth & Env’t Sci. (2020),
<https://bit.ly/2ZinclG>).

27 ⁵⁹ See, e.g., Sara Planès, et al., *The Nocebo Effect of Drugs*, 4 Pharmacology Rsch. & Perspectives
28 e00208 (2016), <https://bit.ly/3GdC9pR>.

1 can lead to an overdependence on mouth breathing, which in turn can affect facial growth,⁶⁰ there
2 is no evidence that wearing a mask for a portion of the day has any similar effect.

3 ***Decreased Immunity:*** Finally, Plaintiffs assert that “mask use may be lowering children’s
4 immunity to other viruses.” Pls.’ Mem. at 8; *see also* Noble Decl. ¶ 14. There is absolutely no
5 evidence of this in the medical literature. The one study that Plaintiffs’ expert cites, *see* Noble
6 Decl. ¶ 14 & n.5, noted that 2020 saw a “marked decline in illness associated with other
7 respiratory viruses, likely due to the widespread use of masks and social distancing.”⁶¹ This is a
8 good thing, not a bad thing: in addition to inhibiting the spread of COVID-19, masking and the
9 other precautions taken in 2020 significantly reduced the rate of respiratory syncytial virus
10 (“RSV”), “the most common cause of bronchiolitis . . . and pneumonia . . . in children younger
11 than 1 year of age in the United States.”⁶² In any case, Plaintiffs’ expert appears to misunderstand
12 the one reference to immunity in the cited study: the authors hypothesize that preliminary 2021
13 data showing “more severe diseases in younger infants” may possibly be “because of diminished
14 immunity from a lack of exposure to RSV in the previous season”⁶³—but infants, and especially
15 younger infants, do not wear masks, so the authors do not suggest and the study does not support
16 Plaintiffs’ expert’s claim that wearing a mask can lower a child’s immunity.

17 CONCLUSION

18 For these reasons, CA AAP and AAP believe that Defendants’ use of a layered prevention
19 strategy involving masking and other efforts to reduce the exposure of children to sources of
20 COVID-19 is in the public interest. Accordingly, the Court should deny Plaintiffs’ motion for a
21 preliminary injunction.
22
23

24 ⁶⁰ *See* Yosh Jefferson, *Mouth Breathing: Adverse Effects on Facial Growth, Health, Academics,*
25 *and Behavior*, 58 Gen. Dentistry 18 (2010), <https://bit.ly/3Ed4jiR>.

26 ⁶¹ Rabia Agha & Jeffrey R. Avner, *Delayed Seasonal RSV Surge Observed During the COVID-19*
Pandemic, 148 Pediatrics e2021052089, <https://bit.ly/2ZjA3UQ>.

27 ⁶² *Respiratory Syncytial Virus Infection*, CDC (last updated Dec. 18, 2020), <https://bit.ly/3js2pDI>.

28 ⁶³ Agha & Avner, *supra* n. 60.

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Respectfully submitted,

FAEGRE DRINKER BIDDLE & REATH LLP



MICHAEL JAEGER

Jeffrey B. Dubner
(pro hac vice forthcoming)
Jessica Anne Morton
(pro hac vice forthcoming)
Democracy Forward Foundation
P.O. Box 34553
Washington, DC 20043
Telephone: (202) 448-9090
jdubner@democracyforward.org
jmorton@democracyforward.org

Counsel for Amici

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PROOF OF SERVICE

I am employed in the County of Los Angeles, State of California. I am over the age of eighteen years and not a party to the within-entitled action. My business address is 1800 Century Park East, Suite 1500, Los Angeles, CA 90067.

On **October 26, 2021**, I caused the following document(s) described below to be served on the interested party(ies) in this action as follows:

MOTION FOR LEAVE OF CALIFORNIA CHAPTER OF THE AMERICAN ACADEMY OF PEDIATRICS AND AMERICAN ACADEMY OF PEDIATRICS TO FILE AN *AMICUS CURIAE* BRIEF IN OPPOSITION TO PLAINTIFFS' MOTION FOR PRELIMINARY INJUNCTION

BY ELECTRONIC SERVICE: by transmitting via e-mail or electronic transmission the document(s) listed above to the person(s) at the e-mail address(es) set forth below.

Attorneys for Petitioners

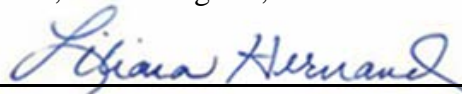
Arie Spangler
Lee M. Andelin
AANNSTAD ANDELIN & CORN LLP
160 Chesterfield Drive, Suite 201
Cardiff, CA 92007
Tel. (858) 337-0362
Email: arie@joncornlaw.com;
lee@joncornlaw.com

Scott H. Davison
DAVISON IP
2244 Faraday Avenue, Suite 157
Carlsbad, CA 92008
Tel. (760) 814-1383
Email: scott@davisonip.com

Attorneys for Respondents

Elizabeth N. Branham
DEPUTY ATTORNEYS GENERAL
600 W Broadway Suite 1800
San Diego CA 92101
Tel. (619) 738-9305
Email: Elizabeth.lake@doj.ca.gov

I declare under penalty of perjury under the laws of the State of California that the above is true and correct. Executed on **October 26, 2021**, at Los Angeles, California.



Liliana R. Hernandez